

RED-WINE SPAGHETTI WITH WALNUTS AND PARSLEY

Recipe by Food & Wine

PAIR WITH:
"OLIVEN VINEYARD"
CABERNET SAUVIGNON



INGREDIENTS

- 5 cups water
- 3 1/4 cups dry red wine
- Salt
- 3/4 pound spaghetti
- 1/4 cup extra-virgin olive oil
- 4 small garlic cloves, thinly sliced
- 1/4 teaspoon crushed red pepper
- 1/2 cup finely chopped parsley
- 1 cup walnuts (4 ounces), toasted and coarsely chopped
- 1/2 cup grated Parmigiano-Reggiano cheese, plus more for serving
- Freshly ground black pepper

PREPERATION

- In a saucepan, combine the water with 3 cups of the wine and a large pinch of salt and bring to a boil.
- Add the spaghetti and cook, stirring, until al dente.
- Drain, reserving 1/4 cup of the cooking liquid.
- In a skillet, heat 2 tablespoons of the oil.
- Add the garlic and red pepper and season with salt.
- Cook over moderate heat for 1 minute.
- Add the remaining 1/4 cup of wine and the reserved cooking liquid and bring to a simmer.
- Stir in the pasta and cook until the liquid is nearly absorbed, 2 minutes.
- Add the parsley, nuts, the 1/2 cup of cheese and the remaining 2 tablespoons of oil and toss.
- Season the pasta with salt and pepper and serve, passing grated cheese at the table.